



## PLYMOUTH FITNESS LIABILITY WAIVER

### *School Year 2017-2018*

Rising Tide Charter Public School has again partnered with Plymouth Fitness to run a series of fitness classes as a part of the physical education program for Upper School students. In the 2017-2018 school year, each Upper School student will participate in fitness classes at Plymouth Fitness for one semester. These free classes are a required component of our Upper School program; physical education is a required subject in all grades for all students in public schools in Massachusetts (M.G.L., c.71, s.3).

Rising Tide will use buses to transport students to and from Plymouth Fitness. By signing this form you are permitting your child to ride in a bus chartered by the school.

Participation in physical fitness activities can result in serious injury, even when measures have been taken to ensure safety. In the event of an injury the school will provide first aid, but all other treatment is the responsibility of the parent/guardian.

*In consideration of being allowed to participate in the activities and programs operated by Plymouth Fitness staff at the club and to use its facilities, equipment, and machinery, I do hereby waive, release and forever discharge Plymouth Fitness and Rising Tide Charter Public School its officers, agents, employees, representatives, executors, and all others from any and all responsibilities or liability for injuries or damages resulting from my participation in any activities or my use of equipment or machinery in the above-mentioned facilities or arising out of my participation in any activities at said facilities. I do also hereby release all of those mentioned and any others acting upon their behalf from any responsibility or liability for any injury or damage to myself, including those caused by negligent act or omission of any of those mentioned or others acting on their behalf in any way arising out of or connected with my participation in any activities of Plymouth Fitness or the use of any equipment at Plymouth Fitness.*

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Student's Full Name

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Grade

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Parent/Guardian Signature

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Date