



May 2017

Dear Incoming Grade Nine Families:

We are excited about the grade nine's upcoming orientation and team-building trip this fall. All students in grade nine, along with all grade-nine Advisors, will travel to Camp Takodah in Richmond, New Hampshire, from Wednesday, September 6, to Friday, September 8.

The annual Camp Takodah trip, which is a central component of the grade-nine curriculum, is a great opportunity to bring together our grade-nine community at the start of the high-school experience. The camp program focuses on skills that will benefit the students as they transition into high school. Students participate in many activities that promote problem-solving, cooperation, and leadership. These activities include high- and low-ropes courses, hiking, canoeing, and more. In addition, the Camp Takodah counsellors and Rising Tide teachers help students deepen their understanding of our school's values of respect, honesty, trust, responsibility, and community. For more information on the camp, please visit www.camptakodah.org.

The cost of the trip to families is \$95 per student. This cost is included in the \$170 student fee that families must pay at the start of the year. The school is covering the remaining 65% of the cost for the Camp Takodah trip, which includes transportation, lodging, all meals, and camp activities. Please send a deposit of \$120 for the year's student fees by Friday, June 9, along with the other forms and materials for the upcoming year; the remaining payment can be sent by Wednesday, August 30. Checks can be made payable to Rising Tide Charter Public School.

To prepare for the trip, students and their families should review the enclosed Individual Waiver and Health Form, Medication Release, Student and Parent Contract, and packing list. After thoroughly filling out all of the required documentation, please return the following materials to the school by Friday, June 9:

- The Individual Waiver and Health Form
- The Medication Release (Prescribed medication must be submitted in its original bottle, along with a physician's order for each medication, by August 30, 2017.)
- The Student and Parent Contract
- A deposit of \$120 for annual student fees (Checks can be made payable to Rising Tide Charter Public School.)

Thank you in advance. We look forward to this important orientation and team-building trip with your children.

Sincerely,

James Simons
Upper School Dean of Students



CHESHIRE YMCA & CAMP TAKODAH
"SERVING THE MONADNOCK REGION AND BEYOND"
Individual Waiver and Health Form

The individual hereby, FOR ITSELF, ITS PRINCIPALS, EMPLOYEES, MEMBERS, AND INVITEES, agrees to indemnify and save the Cheshire YMCA, Inc, its officers, directors, and employees harmless from any and all liability arising from the individual's use of Camp Takodah properties, including but not limited to the following: injury or harm to any person occurring within the camp; any injury or damage to any property of the individual or to any property of any third person or group in or on the camp property; any and all suits, claims or demands of any kind or nature by and on behalf of any person, firm, association, trust or corporation arising out of or based upon any incident, occurrence, injury, or damage which shall or may happen in or on the camp property based upon any matter or thing growing out of the condition of the maintenance, repair, alteration, use of the occupation of the camp. The individual agrees to assume responsibility for any damage to the camp property. The individual understands the group guidelines provided and agrees to conduct its use of the camp in accordance with these guidelines.

Group/School Name: _____

Signed: _____
(Individual)

Printed Name: _____

PARENT OR GUARDIAN SIGNATURE

(if under 18 yrs. old) _____

Date: _____

Please return this signed agreement before taking part in any event at YMCA Camp Takodah. Thank You.

CHESHIRE YMCA: Outdoor Education Health Form

Participant Name: _____

Home Address: _____ Phone: _____

***Emergency Contact Information:** _____

Primary Parent/Guardian: _____ Phone 1: _____

Address: _____ Phone 2: _____

Secondary Parent/Guardian: _____ Phone 1: _____

Address: _____ Phone 2: _____

If not available in emergency, contact: _____ Phone 1: _____

Relationship: _____ Address: _____ Phone 2: _____

Is the participant covered by family medical/hospital insurance? YES NO

Cardholders Name: _____ Carrier/Plan name: _____

Group number: _____

Name of family physician: _____ Phone: _____

Name of family Dentist/Orthodontist: _____ Phone: _____

Health History

Are there any physical, emotional, or behavioral issues Camp should be aware of? Recent or ongoing medical treatment?

YES NO If YES (please note below)

Allergies: Describe Reaction and management of the reaction

Restrictions:

Dietary Restrictions: NONE NO RED MEAT NO POULTRY NO DAIRY NO SEAFOOD NO PORK NO EGGS

Describe any restrictions to activity (what cannot be done, necessary limitations or adaptations, and why?)

Medications:

Does the camper require any medications? YES NO If YES (please give details below)

Medication; _____ Dosage: _____ Specific times taken each day: _____

Reason for medication: _____

Medication; _____ Dosage: _____ Specific times taken each day: _____

Reason for medication: _____

Parent Authorization: I attest that this health form is accurate and complete, and that the person described herein has permission to participate in all camp activities except as noted by me. If I cannot be reached in an emergency, I hereby grant permission to qualified instructors or other medical personnel to secure and administer treatment, including hospitalization, for the above named person. This completed form may be photocopied for use on trips out of camp.

Parent/Guardian Signature: _____ Date: _____

Photo/Media Release

I authorize the reproduction, publication and use by the Cheshire YMCA for promotional, marketing, public relations, or any other purpose, any picture or likeness of my child taken during the YMCA Camp Takodah Programs.

Participant Signature: _____ Date: _____

Name: (Please Print) _____

Parent/Guardian Signature (if under 18 years old): _____



Camp Takodah Medication Release

Please indicate below whether your child takes medication. If applicable, please list your child's medication and dosage information.

Student's Name: _____ Date of Birth: _____

My child does not take any medication.

My child takes the following medication:

Medication: _____ Dose: _____ Time: _____

Medication: _____ Dose: _____ Time: _____

Medication: _____ Dose: _____ Time: _____

Medication: _____ Dose: _____ Time: _____

*In order to ensure your child's eligibility to attend Camp Takodah, please submit to the school nurse all medications in their original bottles, along with a written physician's order for each medication, by **August 30, 2017**. Please note that the school nurse will accept medication only from parents or guardians, not from students.*

Please complete the following statements and sign below.

I understand that my child, _____, will be responsible for taking his/her medication.

I, _____, give Rising Tide Charter Public School chaperones permission to secure and administer treatment for the above named person while visiting Camp Takodah.

Parent/Guardian signature _____ Date _____



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Before departing for Camp Takodah on September 6, all students and their parents or guardians must read together and sign the following document.

Policies:

1. All students will follow Rising Tide's Community Standards of Behavior as outlined in the Student Handbook.
2. All students will keep their adult supervisors informed of their activities and whereabouts at all times. No students will leave Camp Takodah's premises for any reason.
3. All students will be prompt and prepared for all activities.
4. Possessing or being under the influence of drugs, alcohol, or tobacco will result in immediate dismissal from the trip at the parent's expense.
5. Students are not permitted to enter the cabin of the other sex.
6. Students are not permitted to leave their cabin after curfew.
7. Students will dress appropriately.
8. If a student becomes a severe discipline problem, the parent or guardian will be contacted. If a student's conduct requires immediate dismissal from the trip, it will be the parent's responsibility to pick up the student. In cases of early dismissal, families will not receive a refund of the trip's fee.

Any violation of these rules may result in disciplinary action and possible prohibition from future trips at Rising Tide.

Student Signature

Date

Parent / Guardian Signature

Date